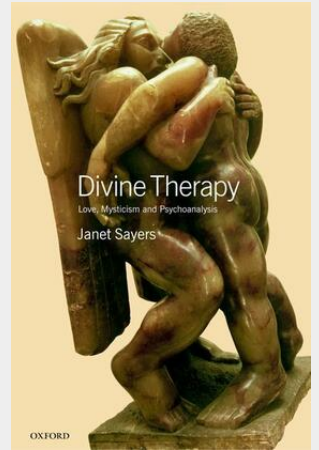


Sayers

## Divine Therapy

Love, Mysticism and Psychoanalysis

Many debate whether religion is good for our health. Starting with this question, Janet Sayers, author of *Mothering Psychoanalysis* and *Freudian Tales*, provides a fascinating account of today's psychotherapy. *Divine Therapy* is told through love stories. They highlight the risks and healing transformations of what some call 'at-one-ment' with another in love, mysticism, art and psychoanalysis. Sayers movingly explores this by drawing on the philosophical and psychological writings of William James, Sigmund Freud, Carl Jung, Sabina Spielrein, Simone Weil, Erich Fromm, Paul Tillich, Viktor Frankl, Melanie Klein, Adrian Stokes, Marion Milner and Donald Winnicott. She ends with one of the major figures of current psychoanalysis, Wilfred Bion, and with the insights of his followers, notably Christopher Bollas, Neville Symington and Julia Kristeva. Illustrated with love letters, pictures, biographical details and case histories, *Divine Therapy* tells an intriguing chronicle of science, religion and therapy that also constitutes an engaging overview for students, specialists and general readers alike.



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