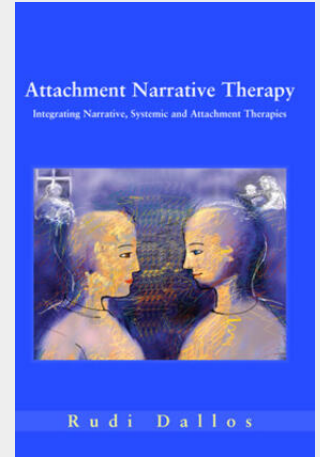


Dallos

## Attachment Narrative Therapy: Integrating Systemic, Narrative and Attachment Approaches

- What are some of the central connections between narrative, systemic and attachment therapies? - How do early emotional experiences in families shape our narratives about ourselves and our families? - In what ways do family attachments shape our narrative abilities, such as being able to reflect on and integrate our experiences? This book sets out a framework for practice – Attachment Narrative Therapy – that provides a new approach to working with families, couples and individuals. This is not offered as a prescriptive model but as an aid and guide to practice that draws aspects of narrative and attachment therapy into systemic work. The synthesis of these ideas offers clinicians a new integrative way to approach their practice – one in which the three approaches are used to create a greater whole than their constituent parts. The book includes: - Clinical examples - Personal reflections - Frameworks for clinical practice - Therapeutic guides that include details of the application of core techniques - Extensive reading guides that offer connections to related theory and practice Attachment Narrative Therapy is essential reading for a wide variety of therapists and counsellors along with researchers and trainers in those fields. It also provides insight into good practice for health and social welfare professionals in the area of family and child welfare.



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