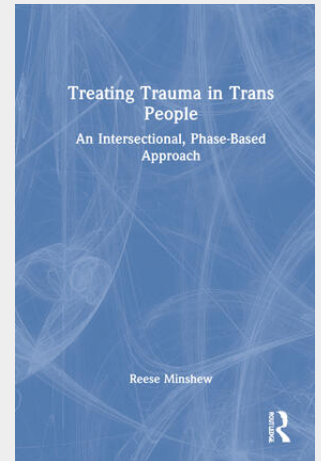


Minshew

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. With chapters that focus on each of these domains, this book provides a framework for clinicians eager to provide trauma-informed, gender-inclusive care. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.



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