

Counseling Multiracial Families

'Competencies in multicultural counselling are examined for their relevance in counselling individuals from multiracial families along with an examination of some useful strategies, interventions and approaches. There are 5 case studies that illustrate the principals outlined above. The book is thus a very valuable resource for professionals working with these issues' -Transcultural Psychiatry Multiracial families comprise a rapidly growing population in the United States. This volume addresses this population, so often neglected in the counselling literature. Following an historical overview, the authors: address both the special needs and special strengths of multiracial families; explore the challenges facing interracially married couples; examine social and cultural issues pertinent to parenting multiracial children; and translate results of biracial identity development research into counselling practice.

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