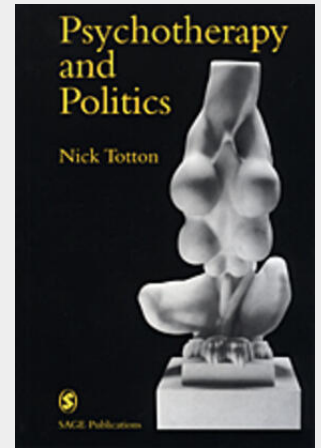


Totton

Psychotherapy and Politics

‘This is one of the most comprehensive books that I have read that addresses the relationship between therapies, the social and the political. Comprehensive in the sense that it covers many areas in short but succinct chapters which focus on particular relationships in the field. It is, in some way, a textbook, rather than a monograph and I would imagine that students of the field would find it a useful source of reference that they would return to time and again’ - Psychotherapy & Politics ‘SAGE’s invariably stimulating book series ‘Perspectives in Psychotherapy’, edited by Colin Feltham, is certainly fortunate to be graced by the latest addition from Nick Totton, who offers us a tour de force of the diverse and manifold ways in which therapy and politics interpenetrate and inform each other’ - Richard House, Self & Society ‘This is a truly outstanding book. In a world riven with anger, hatred, fear and aggression it provides a window of rationality, inspired by intelligence, understanding and humanistic principles’ - The Journal of Critical Psychology, Counselling & Psychotherapy ‘This stimulating addition to SAGE’s catalogues aims to give the practising counsellor/therapist a multi-dimensional overview of the various ways in which the political and psychotherapeutic worlds interface’ - Association for University and College Counselling Newsletter This stimulating book explores the long-standing relationship between psychotherapy and politics and argues that from the beginning psychotherapy has had a political face. Documenting instances where ideas from psychotherapy have been incorporated into the political agenda, the book demonstrates the practical value of psychotherapy as an instigator of social and political change. Related to this, attempts to understand and evaluate political life through the application of psychotherapeutic concepts are examined. The author poses a number of key questions, including: What is human nature? Are aggression and violence innate in us? Is the therapeutic relationship inherently unequal? And, is the political an appropriate topic for therapy and counselling?’



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