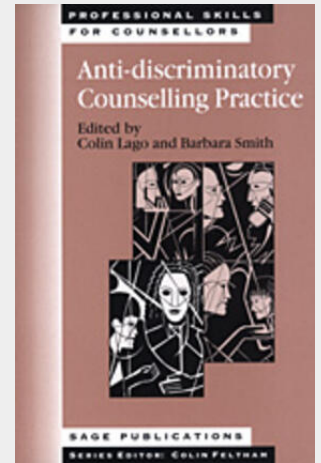


Anti-discriminatory Counselling Practice

'I enjoyed the read, learned a lot and thought that it is an excellent resource for counsellors and trainers who wish to review their practice. [It] should be required reading on all counselling training courses' - Disability & Society Anti-discriminatory Counselling Practice is a ground-breaking text and an enlightening introduction to the complex issues which affect all trainees and practitioners in counselling, psychotherapy and other helping professions. The book identifies the origins of discrimination, oppression and disadvantage and shows how they impinge on therapeutic relationships. Drawing together contributions from leading writers, the book shows how oppression is created not only by overt prejudice, but also by deeply ingrained social, political and cultural processes which involve us all, but of which we are often unaware. These processes cause individuals to become disadvantaged merely on the basis of their gender, race, culture, age, sexuality or ability. Examining these areas of discrimination, the contributors highlight the issues which feature frequently in therapeutic encounters and the need for counsellors to develop their skills as culturally sensitive, reflective practitioners. Anti-discriminatory Counselling Practice is a groundbreaking text and an enlightening introduction to complex issues, which affect all trainees and practitioners in counselling, psychotherapy and other helping professions.



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