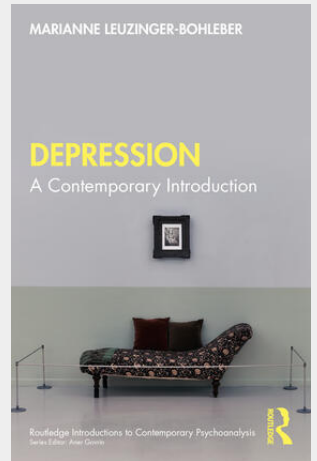


Leuzinger-Bohleber

## Depression

A Contemporary Introduction

This book serves as a practical and comprehensive introduction to depression, and its deep roots in trauma. Marianne Leuzinger-Bohleber looks at the heterogeneous and complex phenomenon of depression and considers a range of topics essential to those faced with the challenge posed by the illness. Throughout the chapters, Leuzinger-Bohleber looks at the central experience of powerlessness and helplessness, the impact of trauma and transgenerational transmission, as well as clinical research and medical intervention. Throughout, she reviews and explains up-to-date clinical research findings and guides the reader on how to apply these in a clinical setting across a wide range of aspects within the psychodynamic understanding of depression. Including a review of both classical psychoanalytic texts and state-of-the-art empirical research, this introductory book is an invaluable resource for psychoanalysts and psychotherapists in private practice and public health institutions alike. The clear and accessible style also make it a vital resource for students of clinical psychology, medicine, anthropology, cultural studies, the educational sciences and beyond.



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23,83 € (zzgl. MwSt.)

vorbestellbar, Erscheinungstermin ca.  
Oktober 2024

**Artikelnummer:** 9781032595962  
**Medium:** Buch  
**ISBN:** 978-1-032-59596-2  
**Verlag:** Taylor & Francis Ltd  
**Erscheinungstermin:** 16.10.2024  
**Sprache(n):** Englisch  
**Auflage:** 1. Auflage 2024  
**Serie:** Routledge Introductions to Contemporary Psychoanalysis  
**Produktform:** Kartoniert  
**Seiten:** 136  
**Format (B x H):** 129 x 198 mm

