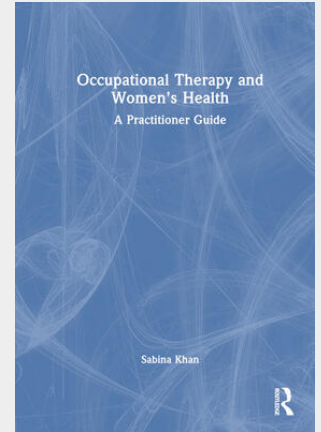


Khan

Occupational Therapy and Women's Health

A Practitioner Guide

This innovative and comprehensive textbook provides a detailed exploration of the role of occupational therapy in addressing the unique needs of women across the lifespan. Structured into fourteen parts, the book begins with the foundations of women's health, delving into its historical evolution, the significance of gender equality in medical research, the implications of employment on women's well-being, intricate sociocultural influences, and the intersection of women and occupation from an occupational therapy perspective. Following this foundational context, the book journeys through diverse areas such as gynecological and obstetric health management, endocrine health, autoimmune conditions, non-cisgender health in the context of women's health, mental health and biopsychosocial aspects, cardiovascular health, sleep, weight, and lifestyle factors, oncology, neurological health, women's health across the lifespan, inter-partner violence and trauma-informed care, and special topics in women's health. Women's health is a universal concern that transcends geographical boundaries, cultural differences, and socioeconomic disparities, and this important book will be key reading for both students and practitioners of occupational therapy.



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