

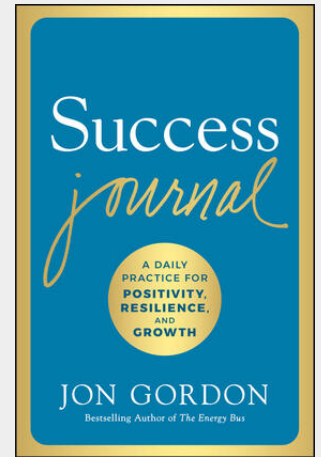
Gordon

Success Journal

A Daily Practice for Positivity, Resilience, and Growth

Daily journal to help you transform your life by structuring your thoughts around success
Success Journal: A Daily Practice for Positivity, Resilience, and Growth is a daily, lined journal where readers can write down their success of the day, shift their nighttime focus from negativity to positivity, and thereby create more success and opportunities in their lives. This resource is inspired by the legendary Bart Connor, who credited his overcoming a torn bicep muscle to win two gold medals at the 1984 Olympics to his parents asking him about his success of the day as a child. Since hearing Bart Connor's story, bestselling author and influencer Jon Gordon has helped spread his secret to success far and wide, starting with his own children and continuing on to tens of thousands attending his renowned keynote speeches. In this journal, readers will find: * A structured, consistent way to transform your nighttime thoughts for the better * All of the guidance you need to figure out the event(s) or accomplishment(s) in your day that made you smile * Quotes related to positivity and success as a way to get the gears turning and the inspiration flowing
Success Journal: A Daily Practice for Positivity, Resilience, and Growth is an essential daily journal for everyone looking to consistently shape their thoughts, and therefore their lives, around positivity and success.

A transformative daily journal designed to enhance your confidence, motivation and success. In Success Journal: A Daily Practice for Positivity, Resilience, and Growth, 16x bestselling author, thought leader, and acclaimed speaker Jon Gordon delivers a daily, lined journal in which readers can write down their most significant success of the day. Using the book, you'll learn to shift your nighttime focus from negativity ("Why did I do that?") to positivity ("I'm thankful I did that!"). The author gives you a structured, consistent way to elevate your thinking and mindset, providing the guidance you need to identify your accomplishments and positive moments from the day. You'll learn to focus on success which will lead to you creating more success. Full of motivational quotes from Jon's many other bestselling works, including The Energy Bus and The One Truth, Success Journal will earn a prominent place on your nightstand and quickly become an essential tool for self-actualization and inspiration.



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