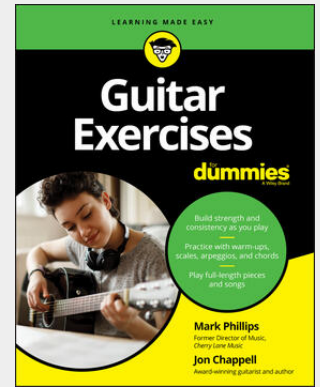


Guitar Exercises For Dummies

Guitar Exercises For Dummies includes over 400 exercises along with lots of technique-building practice opportunities. It starts off with warm-up exercises (on and off-instrument) and then logically transitions to scales, scale sequences, arpeggios, arpeggio sequences, and chords, with a focus on building strength and consistency as well as refining technique. Concluding each section is a brief musical piece for the reader to try. Within each section, readers practice correct hand and body posture and experience variations such as fingering options and hand positions as appropriate. Readers practice incorporating other facets of musical performance in their exercises as well, such as tempo, time signature, phrasing, and dynamics. Supportive text is limited by providing only need to know information about practicing scales, chords and arpeggios in the context of specific skills and techniques. Your straightforward guide to perfecting guitar exercises Guitar Exercises For Dummies includes over 300 exercises along with lots of technique-building practice opportunities. This book begins with warm-up exercises (on and off-instrument) and then logically transitions to scales, scale sequences, arpeggios, arpeggio sequences, and chords, with a focus on building strength and consistency as well as refining technique. Concluding each section is a brief musical piece for the reader to try. Within each section, readers practice correct hand and body posture and experience variations such as fingering options and hand positions as appropriate. Readers practice incorporating other facets of musical performance in their exercises as well, such as: * tempo * time signature * phrasing * and dynamics Supportive text provides need to know information about practicing scales, chords and arpeggios in the context of specific skills and techniques. P.S. If you think this book seems familiar, you're probably right. The Dummies team updated the cover and design to give the book a fresh feel, but the content is the same as the previous release of Guitar Exercises For Dummies (9780470387665). The book you see here shouldn't be considered a new or updated product. But if you're in the mood to learn something new, check out some of our other books. We're always writing about new topics!

* Build strength and consistency as you play * Practice with warm-ups, scales, arpeggios, and chords * Play full-length pieces and songs Sharpen your guitar-playing skills This practice-oriented playbook is packed with hands-on technique builders, from warm-up exercises with scales to arpeggios, chords, and more. Brush up on guitar notation, wake up your fingers, and develop strength, speed, and dexterity. With more than 300 exercises in various keys, drills to perfect your playing, tips to maximize your practice time, and performance pieces to test your expanding skills, you'll be strumming the strings like a pro in no time. Inside. * A review of the fundamentals * How to release tension and improve breathing * Technique building exercises * Scales, scale sequences, arpeggios, arpeggio sequences, and chords * Ways to improve your musicianship



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