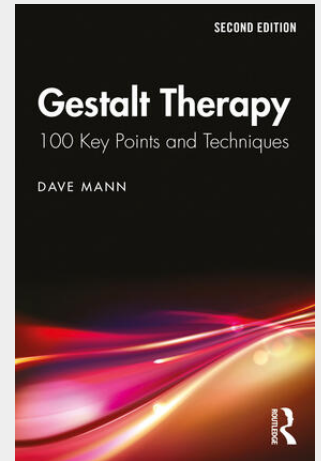


Mann

Gestalt Therapy

100 Key Points and Techniques

Gestalt therapy offers a present-focused, relational approach, central to which is the fundamental belief that the client knows the best way of adjusting to their situation. This new edition of Gestalt Therapy: 100 Key Points and Techniques provides a concise, accessible guide to this flexible and far-reaching approach. Substantially updated throughout, topics discussed include: - The theoretical assumptions underpinning gestalt therapy. - Gestalt assessment and process diagnosis. - Field theory, phenomenology and dialogue. - Ethics and values. - Evaluation and research. As such this book will be essential reading for gestalt trainees, as well as all counsellors and psychotherapists wanting to learn more about the gestalt approach.



29,50 €

27,57 € (zzgl. MwSt.)

Lieferfrist: bis zu 10 Tage

Artikelnummer: 9781138067721

Medium: Buch

ISBN: 978-1-138-06772-1

Verlag: Taylor & Francis Ltd

Erscheinungstermin: 29.09.2020

Sprache(n): Englisch

Auflage: 2. Auflage 2020

Serie: 100 Key Points

Produktform: Kartoniert

Gewicht: 380 g

Seiten: 370

Format (B x H): 131 x 200 mm

