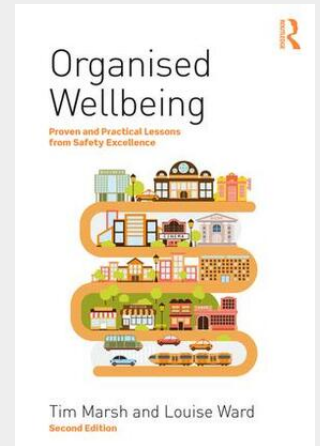


Marsh / Ward

Organised Wellbeing

Proven and Practical Lessons from Safety Excellence

Wellbeing is now at the top of almost everyone's agenda and many technical books have been published on the topic. More than that, an ever-increasing number of organisations are understanding that getting wellbeing right is a win-win that can boost profits or simply make sustainability viable. Organised Wellbeing: Proven and Practical Lessons from Safety Excellence seeks to present, in a user-friendly way, all of the key wellbeing themes. It views these through the lessons learnt from safety excellence because, at present, UK safety is world class but, frankly, wellbeing seldom is. In any organisation, culture is even more important than strategy and tactics, and training is just the base of a process in which facilitation and embedding of key behaviours and mindsets is the essential element. Practical and coordinated processes, not initiatives, are required. This book, therefore, seeks to show how aspects of wellbeing, both organisational and personal, are inexorably interconnected. From an organisational perspective, approaches need to address the truth that 'good work is good for you'. This book, also an individual guide to thriving with passion, compassion, humour and style, is essential reading for health and safety, occupational health and HR professionals at all levels. It is also highly recommended for all managers and staff who seek to maximise their potential and that of their colleagues.



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