

## Case Files: Physical Therapy: Orthopedics, Second Edition

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Sharpen your critical thinking skills and prepare for real-world practice with clinical cases. This accessible resource is filled with case studies that illustrate the critical concepts you need to build and enhance your skills in orthopedic physical therapy. Each case includes a discussion of the health condition, examination, evaluation, diagnosis, plan of care and interventions, evidence-based practice recommendations, and references. NPTE-style review questions accompanying each case reinforce your learning. With leading clinicians, researchers, and academics presenting more than three dozen cases, this edition features the latest clinical concerns, including first-time coverage of blood flow restriction, dry needling, thoracic spine manipulation, and exercise for chronic low back pain.



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