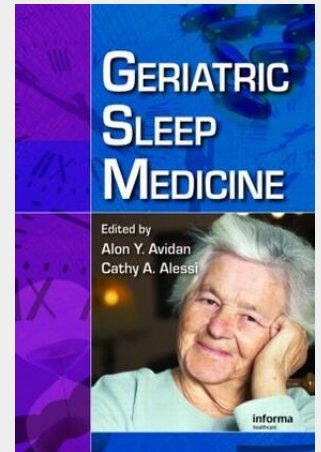


Geriatric Sleep Medicine

Geared toward sleep specialists, neurologists, geriatricians, and psychiatrists, Geriatric Sleep Medicine presents the most current medical research for the diagnosis and management of sleep disorders in the older patient. Focused on the prevention of chronic geriatric sleep disorders, this text examines: - the most recent and up-to-date classification information of sleep disorders from the American Academy of Sleep Medicine - current algorithms for the evaluation and management of sleep disorders (e.g., insomnia, sleep apnea, parasomnia, hypersomnia, restless legs syndrome) in older adults - both pharmacological and nonpharmacological treatments Geriatric Sleep Medicine also explores special topics of interest to clinicians, including sleep problems post-menopause, in the nursing home setting, and at the end stages of life.



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