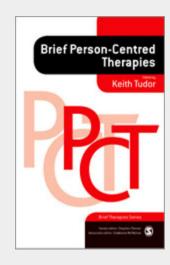
Brief Person-Centred Therapies

`This is a book that the person-centered psychotherapy community has been waiting for. this book opens a creative space in which the ongoing conversation about therapeutic efficacy in times of shrinking resources can be successfully engaged' - Professor Maureen O'Hara, Chair, Department of Psychology, National University, La Jolla, California `A wide-ranging and scholarly book which shows that person-centred therapy is fully alive to the challenges of the twenty-first century and is breaking new ground both clinically and theoretically' - Professor Brian Thorne, Emeritus Professor of Counselling, University of East Anglia "Likely to be of interest to anyone involved in counselling" -Times Higher Educaton Magazine, May 2009 Can the person-centred approach work in time-limited psychotherapy and counselling? This is a question that many practitioners grapple with as demand for brief therapy increases - particularly in the public sector. Brief Person-Centred Therapies is the first book to tackle the subject, bringing together the experience and insights of a leading international team of person-centred therapists. The book examines the philosophical and theoretical 'fit' between the person-centred approach and brief therapy. It also explores the issues which arise when working briefly in a range of different settings, including primary care, higher education, business, and prison, with couples and groups. Brief Person-Centred Therapies is essential reading for all person-centred trainees and for practitioners who want to work in services where brief or time-limited work is required or favoured. Keith Tudor is a UKCP registered psychotherapist, and has a private/independent practice in Sheffield offering therapy, supervision and consultancy.



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