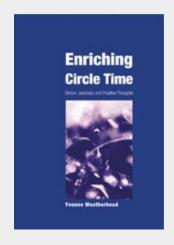
Enriching Circle Time: Dream Journeys and Positive Thoughts

Yvonne draws upon her experience of using visualisation and positive thoughts with young people in Circle Time. Many teachers recognise the value of promoting aspiration and optimism for young people but they lack the resources and opportunity to introduce these techniques. This publication fills that gap providing: - twenty Positive Thought scripts, each of which is also provided as a photocopiable poster and in a colour version on the accompanying disk. - eight complete Dream Journey scripts with teacher notes on how to prepare children for these powerful visualisation techniques and ideas for follow up work. These techniques can be used in several settings, to enrich Circle Time, to provide themes for assemblies or in the classrooms as part of Citizenship and the literacy hour. Yvonne also uses them to relax children before SATs. A wonderful resource on its own and links are made with key stage 1 and 2 targets including: - Developing confidence and responsibility and making the most of their abilities - Preparing to play an active role as citizens - Developing good relationships and respecting the difference between people - Developing a healthy safer lifestyle. Visit the author's website here and you can contact her to book INSET training



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