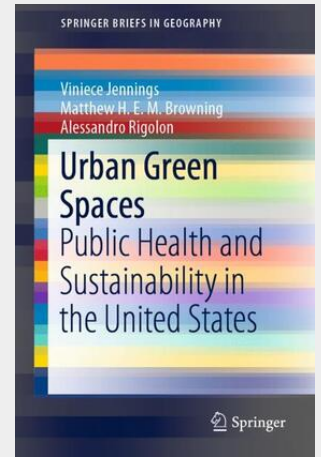


Jennings / Rigolon / Browning

Urban Green Spaces

Public Health and Sustainability in the United States

This book crosses disciplinary boundaries to investigate how the benefits of green spaces can be further incorporated in public health. In this regard, the book highlights how ecosystem services provided by green spaces affect multiple aspects of human health and well-being, offering a strategic way to conceptualize the topic. For centuries, scholars have observed the range of health benefits associated with exposure to nature. As people continue to move to urban areas, it is essential to include green spaces in cities to ensure sustained human health and well-being. Such insights can not only advance the science but also spark interdisciplinary research and help researchers creatively translate their findings into benefits for the public. The book explores this topic in the context of 'big picture' frameworks that enhance communication between the environmental, public health, and social sciences.



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