

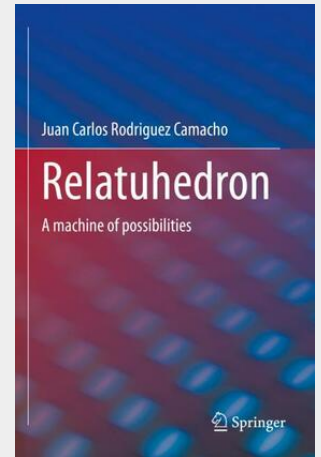
Rodriguez Camacho

## Relatuhedron

A machine of possibilities

A journey of new routes of healing with/by Indigenous and non-Indigenous participants is shared under the Two Eyed-Seeing Perspective of Elder Albert Marshall. The Universal Human Right of Indigenous self-determination and Relationality are the togetherness presented in a "mangrove tree" that lives between salty and sweet waters emerging as a protective place of rich ecosystems. The relatuhedron (shapes of relationality) a co-construction of a home, a Wigwam, Long House, Maloca, Ue, crystalizes knowledge and practices in the process of individual and community healing and cultural transactions. A set of neologisms such as relatuhedron, pedagogiologies, and social grammars, is proposed to challenge our views of mental health, healing, cultural transactions, stereotypes, recovery, and public policy and include simplicities and complexities required to support Indigenous well-being. It is a "machine of possibilities" for students and professionals working with/by and for Indigenous communities. In this book healing is presented as a process through scholarly practice and reflection. Healing is a process of emergence of meaning by improving relationality with the self, nature and others, in a practical approach to socio-cultural transformations. In sum, healing is based on individual and community processes both honoring and respective Indigenous knowledge and scientific research to create endless opportunities for well-being. This book presents healing as a process of growth, a complex, dynamic and evolutive journey of transforming how we establish and maintain relationships with the self, nature and others inside of our cultural negotiations.

This book addresses the process of dealing with tensions between available and required in responding to the needs and Calls to Action expressed by Indigenous communities in Canada and worldwide, where the transformation of current thinking systems is signaled repeatedly as a required condition. Nevertheless, in sciences, health, and mental health research and literature there is an absence of integrative frameworks that facilitate this change. The relatuhedron (relat=relation and hedra=shape), defined as shapes of relationality, arose as a rhizomatic learning tool after six years of experiential process under the practice of the Two Eyed-Seeing perspective proposed by Elder Albert Marshall. As a method, the relatuhedron encourage participants to name the unknown and to open spaces for new tools and concepts, metaphors, and frameworks required to reimagine and produce transformative actions. This new tool emerged from the practice of community and individually based approaches, to promote recovery and mobilize social systems involved in the healing process. A "machine of possibilities," the relatuhedron is a conversation-action process to embrace the togetherness of socio-political, economic, cultural, and historically complex challenges, imagining and recreating possible worlds while avoiding simplistic solutions and dismantling social inertia. The experience and knowledge gained by constructing a relatuhedron is presented as an invitation to explore the possibilities of a self-craft of relations, mangroves, and social grammars in a co-construction of a house, Wigwam, Long-House, Maloca, or Ue. This book is the story and lessons gained from that journey from the perspective of the author.



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