

## Spirituality in Systemic Family Therapy Supervision and Training

This book examines the implications of exploring spirituality through the lens of human relationships. It addresses systemic supervision and training and explores a systemic approach to the development of the self. The book provides an educational methodology that lays a foundation in describing an operational model of spirituality that is applicable for both theistic and nontheistic perspectives. In addition, it details how spirituality is itself a diversity as well as explores spirituality through a lens of diversity. In addition, a pilot research project on spirituality set in a MFT Live Supervision Group illustrates how to apply a systemic approach to spirituality. Finally, the book offers examples of practice using spirituality in various training settings. Key areas of coverage include:

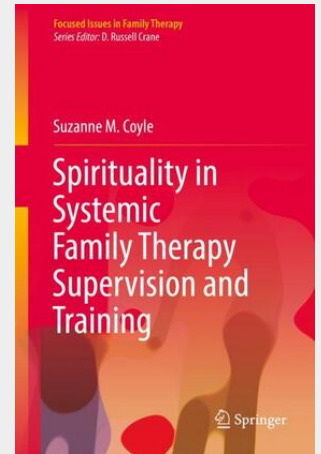
- How a systemic approach to spirituality enables the lens of relationship and diversity to enrich supervising and teaching family therapy emerging from the self of therapist concerns.
- Theoretical perspectives that connect systemic practice with spirituality in an approach for family therapy.
- How a systemic spiritual approach can be used in training marriage and family therapists.
- Interventions that focus on how a relational systemic approach views transcendence and immanence from both clinical and spiritual perspectives.
- Concepts that inform supervision and training with the goals of educating students to be spiritually literate and spiritually sensitive.
- Barriers to implementing this approach with examples of how to address such obstacles.

Spirituality in Systemic Family Therapy Supervision and Training is a must-have resource for researchers, professors, graduate students as well as clinicians, supervisors, and professionals in clinical psychology, family studies / family therapy, and public health as well as all interrelated disciplines.

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