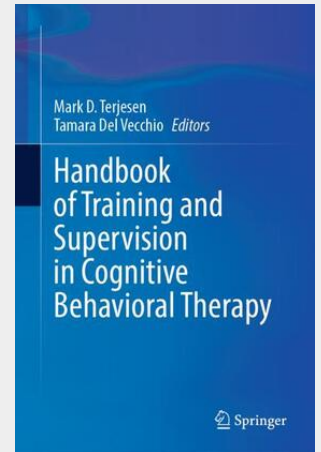


Handbook of Training and Supervision in Cognitive Behavioral Therapy

This book provides a scientific and practical guide for training and supervision in cognitive behavioral therapy (CBT). It builds on more general fundamentals of clinical supervision with a theory-driven approach backed by empirical support for training and supervising clinicians in the practice of CBT. The book dispels the myth of "do it, teach it" as it relates to supervision and addresses the importance of recognizing that one size does not fit all with CBT supervision. The volume synthesizes CBT research on supervision and links it to the practice of supervision. It reviews components of supervision that warrant consideration (e.g., therapeutic alliance, ethics), specific settings (e.g., medical setting, schools) and clients (e.g., culture, individual, group, disability, and high-risk). In addition, it addresses a neglected area of developing competency, including developmental models as well as measuring trainee and supervisor competency in the provision of clinical supervision. The book recommends future directions on how to integrate technology into supervision to enhance the quality of supervision and, ultimately, client outcome. Key areas of coverage include: - Major constructs in CBT supervision and training. - Supervising work with various clients, including individuals, children, adolescents, families, and couples. - Supervision and high-risk cases. - Teaching and supervision within a behavioral medicine context. - Issues of diversity, technology, and ethics of supervision. The Handbook of Training and Supervision in Cognitive Behavioral Therapy is an essential resource for researchers, professors, and graduate students as well as clinicians, therapists, and other professionals in clinical and school psychology, pediatrics, social work, developmental psychology, behavioral therapy/rehabilitation, child and adolescent psychiatry, nursing, and special education.

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